INSTRUCTIONS FOR HEAD LICE CHECKING



NO CHECK. NO CAMP!

Pediculosis, or head lice, is a condition that each year affects approximately six to twelve million children between the ages of three and 12 years of age, and about one in every 100 elementary school children.

- Head lice are parasites that are generally found on the scalp, around the ears, and at the back of the neck. The adult louse is about the size of a sesame seed and can be a reddish-brown color. Eggs, or nits, are smaller and silver in color.
- Because of the small size of head lice and their resemblance to dandruff, it is not uncommon for patients to receive a delayed diagnosis or misdiagnosis. Diagnosis is usually made based on symptoms and confirmed through the identification of a live louse on the head. Identification of a nit is not confirmation or a live infestation.

Dead eggs and the remnants of hatched eggs remain firmly glued onto the hair for several weeks. The most common symptom of head lice is head scratching, particularly at night, although red bite marks may also be noticed.

TREATMENT:

If you suspect your child has head lice, the child should be examined by your health care provider. Nit picking with a fine-tooth comb along with safe and effective products are available, both over the counter and by doctor's prescription, for treatment of the problem. It is important to follow the directions carefully. You can use olive oil as well. Saturate the hair with olive oil and cover with a plastic shower cap or a plastic bag for several hours or overnight. With olive oil still in hair, comb all nits out of hair then wash with an oil removing agent, such as dawn soap, then hair can be rewashed with shampoo. Blow dry hair very well. The heat can help kill the nits and lice. Parents should also wash in hot water or dry-clean all recently worn clothing, hats, used bedding, and towels. Personal care items such as combs, brushes and hair clips should also be washed in hot water. All backpacks, purses, stuffed animals, and other non-washable items can be placed in a plastic bag and kept closed for two weeks. All carpets and furniture should be vacuumed as well. Everyone in the household should be checked for lice/nits and treated as needed.

HEAD LICE CHECK SHEET



Church	Contact Person	Phone	

LICE POLICY: Children should be checked Wednesday, June 1 and rechecked on Sunday, June 5 prior to leaving for camp. If they are found to have lice, we ask that they remain at home to be treated and we welcome them to come back to next year's camp.

NO CHECK. NO CAMP! IF LICE ARE FOUND. CAMPERS WILL BE SENT HOME.

	Name	Check on 6/1/2022. Lice?	Check on 6/5/2022. Lice?
1		☐ Yes ☐ No	☐ Yes ☐ No
2		☐ Yes ☐ No	. □ Yes □ No
3		☐ Yes ☐ No	Yes No
4		☐ Yes ☐ No	☐ Yes ☐ No
5		☐ Yes ☐ No	☐ Yes ☐ No
6		☐ Yes ☐ No	☐ Yes ☐ No
7		☐ Yes ☐ No	☐ Yes ☐ No
8		☐ Yes ☐ No	☐ Yes ☐ No
9		☐ Yes ☐ No	☐ Yes ☐ No
10		✓ □ Yes □ No	☐ Yes ☐ No
11		☐ Yes ☐ No	☐ Yes ☐ No
12		☐ Yes ☐ No	☐ Yes ☐ No
13		☐ Yes ☐ No	☐ Yes ☐ No
14		☐ Yes ☐ No	☐ Yes ☐ No
15	•	☐ Yes ☐ No	☐ Yes ☐ No
16		☐ Yes ☐ No	☐ Yes ☐ No
17		☐ Yes ☐ No	☐ Yes ☐ No
18		☐ Yes ☐ No	☐ Yes ☐ No
19		☐ Yes ☐ No	☐ Yes ☐ No
20		☐ Yes ☐ No	☐ Yes ☐ No
21		☐ Yes ☐ No	☐ Yes ☐ No
22		☐ Yes ☐ No	☐ Yes ☐ No
23		☐ Yes ☐ No	□ Yes □ No
24		☐ Yes ☐ No	☐ Yes ☐ No
25		☐ Yes ☐ No	☐ Yes ☐ No