

PETITION! We ask that you strengthen and encourage our pastor and keep him and his family healthy.

And [pray] also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel. Ephesians 6:19

- Pray by name for each person on your list.
- Pray for the pastor, his family and for the church's staff
- Pray for the deacons, elders, lay leaders and officers of the church.

Friday

PRAISE! We praise you for granting us every spiritual blessing.

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places. Ephesians 1:3

THANKS! We thank you for Jesus Who is worthy of all our praise and thanks.

Through him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge his name. Hebrews 13:15

CONFESSION! We confess that we have presumed on Your goodness; we have not done all that we should have done for You, and have thought and done things that are not pleasing to You.

Or do you presume on the riches of his kindness and forbearance and patience, not knowing that God's kindness is meant to lead you to repentance? Romans 2:4

PETITION! We ask that in this time, You increase the witness of our church with opportunities to serve our community.

Now those who were scattered went about preaching the word. Acts 8:4

- Pray by name for each person on your list.
- Pray for our local, state, home and international missionaries.
- Pray for the lost people you know.

Saturday

PRAISE! We praise you for Jesus' total authority over all things.

And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations..." Matthew 28:18-20

THANKS! We thank you that in this time, more and more people are being drawn to You.

For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God. 2 Corinthians 4:15

CONFESSION! We confess that we have mocked You, by not taking Your death for our sins seriously.

And Jesus said, "Father, forgive them, for they know not what they do." And they cast lots to divide his garments. And the people stood by, watching, but the rulers scoffed at him, saying, "He saved others; let him save himself, if he is the Christ of God, his Chosen One!" The soldiers also mocked him, coming up and offering him sour wine 37 and saying, "If you are the King of the Jews, save yourself!" Luke 23:34-35

PETITION! We ask that you bring revival to our church, community and nation.

If my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land. 2 Chronicles 7:14

- Pray by name for each person on your list.
- Pray for the pastor as he prepares to preach and teach whether in person or on-line..
- Pray that as we hear God's Word preached, we will gladly obey Him.



Dear Christian friend,

If there was ever a time God's people need to pray it's now! 2 Chronicles 7:14 says "If my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land."

This prayer guide will help you to pray 10 minutes a day for your needs and the needs of others. It is based on the familiar prayer format called A-C-T-S: adoration, confession, thanksgiving, supplication. Every day of the week, you will pray a prayer of praise, thanks, confession, and petition.

HOW TO "PRAY 10"

Make a personal prayer list of people you know that need prayer.

Use this guide, along with your list and current prayer needs in your church, to guide you in your prayers for 10 minutes each day.

Prayer is a discipline! Set a specific time for this effort and stick to it.

Prayer is an act of faith! We pray believing because of God's promise in James 5:16—"The prayer of a righteous person has great power as it is working."

Expect opposition! Remember that the enemy doesn't want you to pray. Make this a commitment, a daily priority and necessity in your life.

Sunday

PRAISE! We praise You for Your magnificent greatness.

Praise him for his mighty deeds; praise him according to his excellent greatness! Psalms 150:2

THANKS! We thank You for Your goodness.

You are my God, and I will give thanks to you; you are my God; I will extol you. Oh give thanks to the Lord, for he is good; for his steadfast love endures forever! Psalm 118:28–29

CONFESSION! We confess that we have taken the importance of gathering together as believers too lightly.

Not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near. Hebrews 10:25

PETITION! We ask that You bless our church, and all the Churches, in this time, that we will draw closer to You and to each other.

Love one another with brotherly affection. Outdo one another in showing honor. Do not be slothful in zeal, be fervent in spirit, serve the Lord. Rejoice in hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints and seek to show hospitality. Romans 12:10-13

Pray for yourself, that you may grow closer to God this week.

Pray by name for each person on your list.

Pray for unity and a spirit of love, repentance and forgiveness in the church.

Monday

PRAISE! We praise you for your amazing love.

Because your love is better than life, my lips will glorify you. I will praise you as long as I live, and in your name I will lift up my hands. Psalm 63:3-4

THANKS! We thank you for being our Shepherd.

Know that the Lord, he is God! It is he who made us, and we are his; we are his people, and the sheep of his pasture. Enter his gates with thanksgiving, and his courts with praise! Give thanks to him; bless his name! Psalm 100:3–4

CONFESSION! We confess that we often are anxious about things and circumstances.

Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. Philippians 4:6

PETITION! We ask that You heal those made sick, that they may see Your mighty hand at work and give praise to You.

Heal me, O LORD, and I shall be healed; save me, and I shall be saved, for you are my praise. Jeremiah 17:14

Pray by name for each person on your list.

Pray for the senior adults in the church, and others who may be vulnerable to disease at this time.

Pray for revival in the church and in America.

Tuesday

PRAISE! We praise you for the victory you give your people.

And when they began to sing and praise, the Lord set an ambush against the men of Ammon, Moab, and Mount Seir, who had come against Judah, so that they were routed. 2 Chronicles 20:22

THANKS! We thank you for these circumstances.

Pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. 1 Thessalonians 5:17-18

CONFESSION! We confess that have we have not loved you with all our heart, soul, mind and strength; and have not loved our neighbors as ourselves.

And you shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' The second is this: 'You shall love your neighbor as yourself.' There is no other commandment greater than these." Mark 12:30-31

PETITION! We ask that You protect those in the health care field and first responders.

For he will deliver you from the snare of the fowler and from the deadly pestilence. He will cover you with his pinions, and under his wings you will find refuge; his faithfulness is a shield and buckler. You will not fear the terror of the night, nor the arrow that flies by day, nor the pestilence that stalks in darkness, nor the destruction that wastes at noonday. Psalms 91:3-6

Pray by name for each person on your list.

Pray for our school administrators and teachers.

Pray for those in the church and community who have lost or will lose employment during this time.

Wednesday

PRAISE! We praise you for forgiving us and taking care of us.

Bless the Lord, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy. Psalms 103:2-4

THANKS! We thank you for the power that is in the prayers of your people.

Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working. James 5:16

CONFESSION! We confess that we have not sought You with all our being.

O God, you are my God; earnestly I seek you; my soul thirsts for you; my flesh faints for you, as in a dry and weary land where there is no water. Psalms 63:1

PETITION! We ask that you grant great wisdom and understanding to our national, state and local leaders.

I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, for kings and all who are in high positions. 1 Timothy 2:1-2

Pray by name for each person on your list.

Pray for our governmental leaders: President of the United States, Vice President, our senators, our congressman, our governor, and local officials.

Pray for revival in the church and in America.

Thursday

PRAISE! We praise you for calling us out of the world's darkness and into Your marvelous light.

But you are a chosen race, a royal priesthood, a holy nation, a people for his own possession, that you may proclaim the excellencies of him who called you out of darkness into his marvelous light. 1 Peter 2:9

THANKS! We thank you for the joy we have in Your presence.

You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore. Psalms 16:11

CONFESSION! We confess that we have allowed worthless things to contaminate our minds and hearts.

Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded. James 4:8